***Chakra Wand***

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| ***Chakra*** | ***Location*** | ***Meaning*** | ***Crystal*** | ***Properties*** |
| ***Trans-******Personal*** | *Above Head**Clear/White* | *Enlightenment, The God Source, Universal Consciousness, Spiritual Inflow* | *Crystal Quartz* | *Spiritual Connections. A programmable stone that helps break bad habits, enhances life force and brings good luck. Excellent for channelling.* |
| ***Crown******Sahasrara****I understand* | *Top of Head**Violet**Pineal Gland* | *Pure Consciousness, Spiritual Unity, Meditation, Karma, Transcendence* | *Amethyst* | *Encourages inner peace, fights addictive behavior and transforms energy.* |
| ***Third Eye******Ajna****I see* | *Between Eyebrows**Indigo**Pituitary Gland* | *Balance of Higher and Lower Self, Intuition, Inner Guidance, Consciousness, Clarity* | *Lapis Lazuli* | *Strengthens total awareness, ESP, the skeleton, thyroid and creativity. Promotes self-importance and confidence.* |
| ***Throat******Vishuddha****I speak* | *Middle of Throat**Blue**Thyroid Gland* | *Self-Expression, Communication, Sound, Vibration, Listening, Speaking, Writing* | *Blue Lace Agate* | *Expands consciousness and can bring soothing, wisdom, peace, happiness and tranquillity.* |
| ***Heart******Anahara****I love* | *Center of Chest**Green**Thymus Gland* | *Love, Understanding, Trust, Hope, Openness, Compassion, Balance, Forgiveness* | *Aventurine* | *Independence, strong legs and joints and can assist one in career changes.* |
| ***Solar Plexus******Manipura****I do* | *Above Naval**Yellow**Adrenal Gland* | *Personal Power, Will, Energy, Metabolism, Effectiveness, Self Esteem, Social Identity, Happiness* | *Citrine* | *Clears auras, detoxifies the body, aids in tissue regeneration and mental stimulation.* |
| ***Sacral******Svadhisthana****I feel* | *Lower Abdomen**Orange**Pancreas* | *Emotions, Relationships, Sexuality, Self Worth, Creativity, Empathy* | *Carnelian* | *Releases sorrow, envy, fear, apathy and rage.* |
| ***Root******Muladhara****I am* | *Base of Spine**Red**Gonads* | *Physical Needs, Security, Survival, Manifestation, Material World* | *Garnet* | *Increases health, fidelity, imagination, and balances energy flow.* |
| ***Grounding*** | *BelowFeet**Black* | *Grounding, Stability, Connection with the Earth* | *Hematite* | *Grounding, promotes common sense and protection, helps with kidneys and level headedness.* |